

## Fees

Services of MSW are not covered by OHIP but may be covered by your extended health benefits for full or partial reimbursement for counseling services. If your health benefits does not cover services by a MSW, I encourage you to ask your benefit carrier to have MSW services included.

Currently my fee for counselling services is \$160/hr. When it's time for my fees to increase, I will provide notice of 2months to help you prepare for the increase. As needed, on a case-by-case basis, I can provide a subsidy to the fee to help with the cost accessing therapy.

Consulting services are cost effective and offered on an hourly, per project, or retainer basis depending on your needs. Fees for training are affordable for organizations covering material, trainer's time, and transportation costs.

Clients are invoiced by email, after the session, or at the end of the week. E-transfer is preferred, but cash or cheque is also an option. Once payment is received, a receipt will be emailed for you to submit for reimbursement with insurance, or for your own records. After 3 unpaid sessions, all future sessions will be cancelled until there is no balance owing on your account.

24-hour notice is required for appointment cancellations, and when not provided, a fee (half the session) will be applied. The same is true for no-shows- if you do not attend, I wait for 30minutes in case you arrive late. You will be charged for that 30minutes. If missing sessions becomes a pattern, then you will be charged for the full missed session. If you arrive late, you will be charged for the full fee regarding of time of session.